



## Original article

## Polymorphisms of catechol estrogens metabolism pathway genes and breast cancer risk in Mexican women

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## ABSTRACT

Breast cancer is associated to estrogen exposure. Allelic variants involved in estrogen metabolism might change the risk of developing this neoplasia. We examined the potential association of breast cancer risk in Mexican women with the polymorphisms CYP1A1 rs1048943, CYP1B1 rs1056836, COMT rs4680, GSTP1 rs1695, GSTT1 null and GSTM1 null which are involved in estrogen metabolism pathway. This study included 150 cases and 150 controls. A significant association was observed between, CYP1A1 rs1048943 (OR = 1.95, C.I. 1.13–3.36) and GSTP1 rs1695 (OR = 2.39, C.I. 1.24–4.24) polymorphisms with the risk of breast cancer. This risk was increased when the women were stratified according to their menopausal status. The results show that breast cancer risk significantly increases in women with 3–6 risk polymorphisms (OR = 3.75, C.I. 1.44–9.74).

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## Introduction

Breast cancer (BC) is the most common cancer worldwide among women and is also the leading cause of death associated with neoplasias in women.<sup>1,2</sup> Hereditary BC is linked to mutations in high penetrance genes such as BRCA1, BRCA2 and p53, and occurs in about 5% or 10% of total cases of BC. Other 90–95% of other cases are sporadic BC and are more related with low penetrance genes and interactions between carcinogenic agents such as estrogens.<sup>3–6</sup>

The association between exposure to estrogens and BC risk is well established and attributed to the ability of estrogens to induce

the proliferation of breast tissue cells, formation of reactive oxygen species (ROS) and the release of carcinogenic metabolites.<sup>7–10</sup>

Most of the known risk factors for BC are linked to an increased lifetime exposure to estrogens.<sup>11</sup> Exposure to endogenous estrogens principally arises from woman's ovulatory cycles. If menarche begins under the age of 12 and/or if menopause starts over the age of 55, these women may be considered at high risk to develop BC.<sup>10,12,13</sup> An increased risk for BC has also been associated with nulliparity, tardy first childbirth, the use of hormonal contraceptives and hormone replacement therapy.<sup>14–16</sup>

Estrogens are mainly metabolized by the catechol estrogens metabolism pathway (CEMP), which produces ROS and adducts that may cause mutations and DNA damage that may initiate the development of the neoplasia.<sup>17–19</sup>

In the CEMP, estrogens are hydroxylated by either cytochrome CYP1A1 producing 2-hydroxycatechol estrogen (2-OH CE) or by CYP1B1 producing 4-hydroxycatechol estrogen (4-OH CE). These two catechol estrogens (CEs) can be inactivated by O-methylation catalyzed by COMT; however, if this reaction does not occur, the CEs are oxidized to catechol estrogen quinones (CE-Qs). These CE-Qs can then be conjugated with glutathione by the action of glutathione-S-transferases (GSTs), GSTT1, GSTM1 and GSTP1, to

**Abbreviations:** BC, breast cancer; CEMP, catechol estrogens metabolism pathway; CYP1A1, cytochrome P450 1A1; CYP1B1, cytochrome P450 1B1; GSTP1, glutathione-S-transferase P1; GSTM1, glutathione-S-transferase M1; GSTT1, glutathione-S-transferase T1; COMT, catechol-O-methyl-transferase; OR, odds ratio; ROS, reactive oxygen species; 2-OH CE, 2-hydroxycatechol estrogen; 4-OH CE, 4-hydroxycatechol estrogen; CEs, catechol estrogens; CE-Qs, catechol estrogen quinones; MLR, multivariable logistic regression; MDR, multifactor-dimensionality reduction; HWE, Hardy-Weinberg equilibrium.

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prevent DNA damage, or they may react with DNA to form adducts that ultimately generate apurinic sites, which may lead to mutations and may potentially initiate BC.<sup>17,18,20–22</sup>

The genes involved in the CEMP have allelic variants with modified enzymatic activities (Table 1). These alleles have been widely studied in different populations providing evidence of their contribution to BC risk,<sup>23–26</sup> often with inconsistent or contradictory results, even within the same ethnic group.<sup>23,27–29</sup>

In this study, we analyzed the association of polymorphisms in six genes (individually and in cluster) of the CEMP with the risk of developing BC in a cohort of Mexican women.

## Materials and methods

### Subjects

#### Mexican Mestizo cohort

In order to determine the allelic frequency of polymorphisms in a Mexican population, as previously reported for four of the studied polymorphisms,<sup>40</sup> we selected 382 (420 for CYP1B1) unrelated, healthy Mexican Mestizo men and women who attended to the Hospital “20 de Noviembre” in Mexico City from October 2001 to November 2004 as blood donors. Subjects filled out a questionnaire, which included data about sex, age, birthplace, parents’ and grandparents’ birthplace, and lifestyle. All participants, their parents and grandparents were born in Mexico. With these figures we calculated the sample size needed for the cases–controls study.

#### Retrospective study of cases and controls

We included 150 cases: unrelated women who attended from 2006 to 2007 to the Instituto Nacional de Cancerología (Mexico City). These patients were diagnosed with primary breast carcinoma (stages IIA–IV) and their histopathological analysis demonstrated the presence of invasive or in situ ductal carcinoma in 105 cases, and invasive or in situ lobular carcinoma in 45 cases. All of the patients were over 30 years old (mean age  $48.09 \pm 9.6$  years old) and had no history of hereditary BC syndrome, according to the specifications of the National Cancer Institute of United States<sup>3,41,42</sup> and the National Comprehensive Cancer Network Clinical Practice Guidelines in Oncology, which reduces the possibility of including women with mutations in high penetrance genes such as BRCA1 and BRCA2. The population controls were healthy age-paired women without diagnostic of BC (mean age  $48.27 \pm 10.75$  years old). Control samples were also collected between 2006 and 2007.

Cases and controls were born in Mexico, their parents and grandparents were born in Mexico. Informed consent was obtained from all participants, who also answered a questionnaire about risk factors for BC.

**Table 1**  
Genetic polymorphisms involved in catechol estrogens metabolism pathway.

Gene (rs)	Role in estrogen metabolism	Genotype	Functional effect	References
CYP1B1 (rs1056836)	4-hydroxylase generates 4-OH CEs	C → G Leu → Val	Increased activity	[30,31]
CYP1A1 (rs1048943)	2-hydroxylase generates 2-OH CEs	A → G Ile → Val	Increased activity/inducibility	[32,33]
COMT (rs4680)	Methyltransferase inactivation of CEMP	G → A Val → MetI	Four-times reduced methylation activity	[34–36]
GSTT1 (deletion)	Conjugation of estrogen quinones to glutathione	Null	Lack of enzyme	[37,38]
GSTM1 (deletion)		Null	Lack of enzyme	
GSTP1 (rs1695)		A → G Ile → Val	Reduced activity	

The research protocol was approved by the Bioethics Committees of the Instituto de Investigaciones Biomédicas, Universidad Nacional Autónoma de México and the Instituto Nacional de Cancerología (Mexico City). The Hospital “20 de Noviembre” gave permission to use the buffy coat of blood bank samples.

### DNA samples

DNA preparations used for the genotyping analyses were extracted from blood samples collected and stored at  $-20^\circ\text{C}$  until used. Mononuclear white cells and the genomic DNA were isolated as described in Ref..<sup>43</sup>

### Genotyping

Restriction fragment length polymorphism (RFLP) analyses were used to assess the CYP1A1 rs1048943, CYP1B1 rs1056836, COMT rs4680 and GSTP1 rs1695 polymorphisms. A multiplex polymerase chain reaction (PCR) assay was used to simultaneously determine the presence of the GSTM1 and GSTT1 null alleles. The restriction endonucleases were acquired at Fermentas and New England Biolabs. GSTM1 null, GSTT1 null, CYP1A1 rs1048943 and GSTP1 rs1695 polymorphisms were previously reported in Ref..<sup>40</sup>

The PCR products and restriction fragments were separated by electrophoresis in 2% agarose gels (4% agarose for COMT), and visualized after staining with ethidium bromide on a UV transilluminator (Bio-Rad Hercules, CA, USA). Primers were obtained from Invitrogen.

The primers and PCR conditions used, as well RFLP features are summarized in Table 2.

### Case–control study design

Due to frequencies of polymorphisms for CYP1B1 rs1056836 and COMT rs4680 have not been previously determined in Mexican population, we estimated these allelic frequencies in a sample of unrelated healthy Mexican individuals (Table 3). Based on the obtained frequencies, the minimal necessary sample size for the case–control study was estimated for each polymorphism according to the formula

$$n = \left[ \frac{z(\frac{\alpha}{2}) \sqrt{2p(1-p)} + z_{1-\beta} \sqrt{p_1(1-p_1) + p_2(1-p_2)}}{p_1 - p_2} \right]^2,$$

where  $z_{\alpha/2} = 1.96$  for a confidence level of 95%,  $z_{1-\beta} = 0.80$  for a statistical power of 78.8%,  $p_2$  is the exposure frequency of controls,  $p_1$  is an estimate of the exposure frequency of cases derived from previously reported OR's<sup>47–52</sup> and  $p = (p_1 + p_2)/2$ .

**Table 2**  
Primers and conditions of PCR-RFLP and multiplex PCR.

Gene (rs)	Primer sequence 5'–3'	Fragment length (bp)	PCR conditions	Cycles	Restriction endonuclease	Reference
CYP1A1 (rs1048943)	Forward CTGTCTCCCTCTGGTTACAGGAAGC Reverse TTCCACCCGTTGACGAGGATAGCC	204	30 s 94 °C 30 s 63 °C 30 s 72 °C	35	BsrDI	[40]
CYP1B1 (rs1056836)	Forward TCACTTGCTTTTCTCTCTCC Reverse AATTTCAGCTTGCCCTCTTG	650	30 s 94 °C 25 s 60 °C 40 s 72 °C	35	Eco57I	[44]
COMT (rs4680)	Forward GGGCTACTGTGGCTACTCA Reverse GGCCCTTTTCCAGTCTGACA	165	30 s 94 °C 30 s 60 °C 40 s 72 °C	40	NlaIII	[45]
GSTP1 (rs1695)	Forward ACCCCAGGGCTCTATGGGAA Reverse TGAGGGCACAAGAAGCCCTT	176	20 s 94 °C 20 s 60 °C 20 s 72 °C	30	BsmA1	[40]
GSTM null	Forward GAACTCCCTGAAAAGCTAAAGC Reverse GTTGGGCTCAAATATACGGTGG	215	60 s 94 °C 45 s 59 °C	35	NA <sup>a</sup>	[40,46]
GSTT1 null	Forward TTCCCTACTGGTCTCACATCTC Reverse TCACCGGATCATGGCCAGCA	480	45 s 72 °C		NA <sup>a</sup>	[40]

<sup>a</sup> NA – Not applicable.

### Statistical analyses

Hardy–Weinberg Equilibrium (HWE) was tested separately in cases and controls for each polymorphism, when applicable, with statistical package GenePop version 4.0.10 (<http://genepop.curtin.edu.au>).

Epidemiological risk factors and risk of developing BC were examined using Person's  $\chi^2$  tests, Fisher's exact tests, and the Freeman–Halton extension of the Fisher's exact test. The former two tests were carried out using GraphPad Prism 5 software. Freeman–Halton extension was computed using the test calculator ([http://in-silico.net/statistics/fisher\\_exact\\_test/2x3](http://in-silico.net/statistics/fisher_exact_test/2x3)).

To explore a possible association between BC risk and individual polymorphisms, an unconditional logistic regression analysis to calculate the crude odds ratios (ORs) with 95% confidence intervals (CIs),  $\chi^2$  tests and Fisher's exact tests were performed in GraphPad Prism 5 for CYP1A1, CYP1B1, COMT, GSTT1, GSTM1 and GSTP1. The heterozygous and homozygous variant genotypes of these genes were compared to the homozygous wild-type genotype, when applicable.<sup>53–56</sup> Groups having the lowest risk were used as reference value. Assuming a biological activity gradient (codominant model), a linear regression Cochran–Armitage trend test was performed in XLSTAT 2012 for individual polymorphisms in CYP1A1, CYP1B1, COMT, and GSTP1.<sup>57,58</sup> The associations in unstratified and stratified women according to menopausal status were studied.

Multivariate logistic regression (MLR) models were performed with the Statistical Package for Social Sciences (SPSS-PC; SPSS Inc. Chicago, Illinois, USA) to assess the effect of covariates in the BC risk.

Under the hypothesis of additivity of BC risk alleles in women, we determined the gene–gene interactive effects of the six studied polymorphisms using Multifactor-Dimensionality Reduction (MDR; Version 1.1.0), which reduces dimensionality by pooling multilocus genotypes into two groups.<sup>59</sup> This program calculates the OR's of different models of interaction among genes and is proposed as a quantitative measure of disease risk.<sup>60</sup>

Statistical differences were considered significant at  $p \leq 0.05$ . All  $p$ -values reported are two tailed.

### Results

The women included in this study were from 30 to 74 years. The evaluation of additional risk factors for BC is shown in Table 4. There was no significant difference in the age distribution between patients and controls. In fact, we only found that the age at menopause was statistically different between them ( $p = 0.003$ ).

The genotypes tested were under HWE. It was not possible to analyze GSTT1 and GSTM1 HWE.

Table 5 shows the allelic distribution and the association of their polymorphisms with BC risk. A statistically significant association was found between the CYP1A1<sup>Val/Val</sup> ( $p = 0.01$ ) and GSTP1<sup>Val/Val</sup>

**Table 3**  
Frequency of breast cancer risk polymorphisms among Mexican Mestizo cohort and sample required for a case–control study.

Gene (rs)	Genotype frequency, $n$ (%)					Allelic frequency		Reference	Sample required for a case–control study <sup>d</sup>	
	Mutant allele	$n$	Wild-type homozygous	Heterozygous	Mutant homozygous	$p^b$	$q^c$		Case	Control
CYP1A1 (1048943)	Val	382	86 (22.5)	176 (46.1)	120 (31.4)	0.45	0.55	[40]	143	143
CYP1B1 (1056836)	Val	420	60 (14.28)	230 (54.7)	130 (30.95)	0.41	0.59	This study	150	150
COMT (4680)	Met	382	161 (42.1)	156 (40.8)	65 (17.1)	0.62	0.38	This study	133	133
GSTP1 (947894)	Val	382	102 (27.7)	192 (50.3)	88 (23)	0.52	0.48	[40]	135	135
GSTM1 (deletion)	Null	382	239 (62.6)	N.D. <sup>a</sup>	143 (37.4)	N.D. <sup>a</sup>	N.D. <sup>a</sup>	[40]	133	133
GSTT1 (deletion)	Null	382	324 (84.8)	N.D. <sup>a</sup>	58 (15.2)	N.D. <sup>a</sup>	N.D. <sup>a</sup>	[40]	206	206

Table modified with permission from Pérez-Morales et al., 2011.

<sup>a</sup> Not determined.

<sup>b</sup>  $p$  wild-type allele.

<sup>c</sup>  $q$  mutant allele.

<sup>d</sup> According to the calculation described in Materials and methods with a power of 78.8% and a confidence interval 95%.

**Table 4**  
Evaluation of risk factors for breast cancer.

Risk factor	Cases n (%)	Controls n (%)	p-value
Age (years)			
<40	36 (24.0)	38 (25.3)	0.51 <sup>a</sup>
40–50	50 (33.3)	45 (30.0)	
50–60	49 (32.6)	44 (29.3)	
>60	15 (10.0)	23 (15.3)	
Body mass index (BMI)			
Healthy weight (from 18.5 to 25)	62 (41.4)	69 (46)	0.72 <sup>b</sup>
Overweight and obese (>25)	88 (58.6)	81 (54)	
Age at menarche (years)			
<12	29 (19.3)	34 (22.6)	0.23 <sup>a</sup>
12–14	95 (63.3)	100 (66.6)	
>14	26 (17.3)	16 (10.6)	
Menopausal status			
Pre	82 (58.0)	81 (54.0)	0.9 <sup>b</sup>
Post	68 (42.0)	69 (46)	
Age at menopause (years)			
<45	4 (4.70)	16 (23.1)	0.003 <sup>c*</sup>
45–55	60 (90.4)	52 (75.3)	
>55	4 (4.70)	1 (1.44)	
Parity			
>5	13 (8.60)	19 (12.6)	0.48 <sup>a</sup>
1–5	110 (73.3)	108 (72.0)	
0	27 (18.0)	23 (15.3)	
Use of contraceptives (years)			
Never	104 (69.3)	92 (61.3)	0.28 <sup>a</sup>
<5	34 (22.6)	46 (30.6)	
>5	12 (8.0)	12 (8.0)	
Use of hormone replacement therapy			
No	133 (88.6)	136 (90.7)	0.70 <sup>b</sup>
Yes	17 (11.3)	14 (9.3)	

\* Significant values.

<sup>a</sup> Chi-square.<sup>b</sup> Fisher's exact test.<sup>c</sup> Freeman–Halton–Fisher's exact test.

( $p = 0.009$ ) genotypes and BC risk, these Fisher's exact test results were consistent with the ones of the Cochran–Armitage's test. Also, CYP1B1 and COMT polymorphisms showed a marginal significance ( $p = 0.057$  and  $p = 0.085$ , respectively).

The association with BC risk was also observed in premenopausal and postmenopausal women (Table 6). The statistical

analysis with Fisher's exact test showed that the association of both genotypes with BC risk was higher in the premenopausal group (CYP1A1<sup>Val/Val</sup>  $p = 0.009$ , GSTP1<sup>Val/Val</sup>  $p = 0.005$ ) than in the postmenopausal women (CYP1A1<sup>Val/Val</sup>  $p = 0.06$ , GSTP1<sup>Val/Val</sup>  $p = 0.09$ ).

The significance observed in premenopausal women is consistent with Cochran–Armitage's test results, but the significance observed in postmenopausal women is not present within the trend test.

Using MLR we adjusted the model to the only risk factor that was significantly different in our study (age at menopause). We could not make the adjustment to age at menopause and THR for premenopausal women because is not possible to have these variables in this group. However, when we adjusted for age at menopause in postmenopausal women, the significance of CYP1A1<sup>Val/Val</sup> was lost, but in contrast, a significant association between CYP1B1<sup>Leu/Val</sup>, CYP1B1<sup>Val/Val</sup>, COMT<sup>Met/Met</sup> and BC risk emerged and the significance of GSTP1<sup>Val/Val</sup> was preserved (Table 6).

We examined whether there was an additive effect of the risk alleles (homozygous mutants) of the CEMP genes associated with BC risk. This analysis (Table 7) showed a tendency of BC risk increment with increased numbers of risk polymorphisms, and a significant escalation of cancer risk in women with more than 3 risk alleles ( $p = 0.008$ ).

Contrary to postmenopausal women, the additive effect in premenopausal women showed a clear association to BC risk (Table 8).

To determine the relative risk of combinations of risk polymorphisms, and their additive effect we carried out an MDR analysis. Table 9 shows a significant increased risk of developing BC (OR-MDR) associated with an increasing number of interactions of risk genes.

## Discussion

Prior to the case–control study we determined the genotypic frequencies of CYP1B1 and COMT in Mexican population (Table 3) and obtained the sample size for a case–control study required (Table 3) by using the formula and the model for sample size estimation described in Materials and methods; it was considered

**Table 5**  
Association of genetic polymorphisms with breast cancer risk.

Genotype	Cases n (%)	Controls n (%)	OR (95% CI)	p-value	Cochran–Armitage's trend test p-value
CYP1A1					
Ile/Ile	39 (27.3)	57 (37.3)	1.0 <sup>a</sup>		0.01*
Ile/Val	37 (26.0)	43 (30.0)	1.18 (0.65–2.1)	0.65	
Val/Val	74 (46.6)	50 (32.6)	1.95 (1.13–3.36)	0.01*	
CYP1B1					0.057
Leu/Leu	27 (18)	33 (20.6)	1.0 <sup>a</sup>		
Leu/Val	46 (30.6)	62 (42)	0.83 (0.44–1.59)	0.62	
Val/Val	77 (51.3)	55 (37.3)	1.57 (0.84–2.93)	0.15	
COMT					0.085
Val/Val	52 (34.6)	68 (44.6)	1.0 <sup>a</sup>		
Val/Met	66 (44.0)	59 (38.6)	1.46 (0.88–2.43)	0.15	
Met/Met	32 (21.3)	23 (16.6)	1.64 (0.87–3.11)	0.14	
GSTT1					
Wild type	103 (68.6)	108 (72)	1.0 <sup>a</sup>		
Null	47 (31.3)	42 (28)	1.17 (0.71–1.92)	0.61	
GSTM1					
Wild type	85 (56.6)	89 (58.6)	1.0 <sup>a</sup>		
Null	65 (43.3)	61 (41.3)	1.08 (0.68–1.71)	0.81	
GSTP1					0.008*
Ile/Ile	40 (27.3)	43 (32)	1.0 <sup>a</sup>		
Ile/Val	39 (34.6)	66 (48.6)	0.83 (0.48–1.44)	0.57	
Val/Val	71 (38.0)	41 (19.3)	2.39 (1.24–4.24)	0.009*	

\* Significant values.

<sup>a</sup> Reference value; OR, odds ratio; CI, confidence interval.

**Table 6**  
Association of genetic polymorphisms with breast cancer risk according to menopausal status.

Genotype	Premenopausal women					Postmenopausal women					Adjusted by age at menopause	
	Unadjusted					Unadjusted					OR (95% CI)	p-value
	Cases n (%)	Controls n (%)	OR (95% CI)	p-value	Cochran–Armitage's trend test p-value	Cases n (%)	Controls n (%)	OR (95% CI)	p-value	Cochran–Armitage's trend test p-value		
CYP1A1												
Ile/Ile	20 (24.3)	31 (38.2)	1.0 <sup>a</sup>			19 (27.9)	26 (37.6)	1.0 <sup>a</sup>				
Ile/Val	19 (23.1)	26 (32.0)	1.13 (0.50–2.56)	0.83		18 (26.4)	17 (24.6)	0.53(0.21–1.31)	0.25		1.02 (0.46–2.24)	0.96
Val/Val	43 (52.4)	24 (29.6)	2.77 (1.30–5.89)	0.009*	0.006*	31 (45.5)	26 (37.6)	2.33 (1.01–5.35)	0.06	0.229	1.46 (0.72–2.94)	0.28
CYP1B1												
Leu/Leu	16 (19.5)	20 (24.6)	1.0 <sup>a</sup>			11 (16.1)	13 (18.8)	1.0 <sup>a</sup>				
Leu/Val	25 (30.4)	28 (34.5)	1.11 (0.47–2.61)	0.83		21 (30.8)	34 (49.2)	0.72 (0.27–1.92)	0.62		0.49 (0.24–1.00)	0.05*
Val/Val	41 (50.0)	33 (40.7)	1.55 (0.69–3.46)	0.31	0.242	36 (52.9)	22 (31.8)	1.85 (0.70–4.82)	0.23	0.058*	2.22 (1.09–4.49)	0.02*
COMT												
Val/Val	30 (36.5)	39 (48.1)	1.0 <sup>a</sup>			22 (32.3)	29 (42.0)	1.0 <sup>a</sup>				
Val/Met	38 (46.3)	29 (35.8)	1.70 (0.86–3.35)	0.16		28 (41.1)	30 (43.4)	1.19 (0.56–2.53)	0.70		0.77 (0.38–1.57)	0.48
Met/Met	14 (17.0)	13 (16.0)	1.40 (0.57–3.41)	0.50	0.266	18 (26.4)	10 (14.4)	2.37 (0.91–6.14)	0.10	0.102	2.37 (0.98–5.70)	0.05*
GSTT1												
Wild type	57 (69.5)	60 (74.0)	1.0 <sup>a</sup>			46 (67.6)	48 (69.5)	1.0 <sup>a</sup>				
Null	25 (30.4)	21 (25.9)	1.25 (0.63–2.48)	0.60		22 (32.3)	21 (30.4)	1.04 (0.5–2.1)	1.0		0.99 (0.49–2.01)	0.98
GSTM1												
Wild type	44 (53.6)	46 (56.7)	1.0 <sup>a</sup>			41 (60.2)	43 (62.3)	1.0 <sup>a</sup>				
Null	38 (46.3)	35 (43.2)	1.13 (0.61–2.10)	0.75		27 (39.7)	26 (37.6)	1.11 (0.56–2.21)	0.86		1.11 (0.53–2.32)	0.77
GSTP1												
Ile/Ile	21 (25.6)	28 (34.5)	1.0 <sup>a</sup>			19 (27.9)	15 (21.7)	1.0 <sup>a</sup>				
Ile/Val	24 (29.2)	38 (46.9)	0.84 (0.39–1.81)	0.70		15 (22.0)	28 (40.5)	1.16 (0.50–2.64)	0.83		0.36 (0.16–0.79)	0.01*
Val/Val	37 (45.1)	15 (18.5)	3.28 (1.44–7.50)	0.005*	0.004*	34 (50.0)	26 (37.6)	2.40 (0.94–6.11)	0.09	0.657	1.87 (0.92–3.77)	0.07

\* Significant values.

<sup>a</sup> Reference value; OR, odds ratio; CI, confidence interval.



**Table 7**  
Estimated odds ratio of breast cancer risk associated with the number of high-risk genotypes.

No. of high-risk genotypes	Cases n (%)	Controls n (%)	OR (95% CI)	p-value
Zero	8 (5.3)	15 (10.4)	1.0 <sup>a</sup>	
One	33 (22.0)	51 (33.9)	1.21 (0.46–3.10)	0.81
Two	43 (28.6)	51 (33.3)	1.58 (0.61–4.08)	0.48
Three-six	66 (40)	33 (55)	3.75 (1.44–9.74)	0.008*

\* Significant values. p-value calculated by use of Fisher's exact test.

<sup>a</sup> Reference value; OR, odds ratio not adjusted; CI, confidence interval.

to have a first approximation of the importance of these polymorphisms for BC risk in Mexican women.

Although we determined that for GSTT1 a greater sample size was necessary, a preliminary estimation of the effect of GSTT1 on BC risk was also included in our study due to the essential role that this enzyme has in the detoxification of carcinogenic metabolites of steroid hormones.

In our univariate analyses, if multiple testing corrections were performed, our associations would not be detected. Although, without these corrections, the probability of false positive is incremented, like this is a preliminary study, is important to label all possible interactions.

Our sample included a high percentage of premenopausal women (58%; Table 4). This is consistent with findings of previous studies in Mexican women, in which the most frequently affected age group for BC was the 40–49 years old group with a median age one decade younger than that of Caucasian women (60–64-year old).<sup>61,62</sup> Mean age for menopause in Mexican women is 45–47-year old,<sup>63,64</sup> hence, these facts explain the elevated percentage of premenopausal women with BC compared to other reported populations. This difference in the age to develop BC in Mexican women might explain the smaller impact of conventional risk factors associated with exposure to endogenous and exogenous estrogens, which are more strongly related to BC in women over 55 years old.<sup>24,65–70</sup> Nevertheless, as this is an exploratory study, confirmation of these data are needed.

A difference between the age at menopause between cases and controls was found (Table 3). An explanation might be the decreased exposure time to endogenous estrogen.<sup>65,70,71</sup>

**Table 8**  
Estimated OR of breast cancer associated with the number of high-risk genotypes according to menopausal status.

No. of high-risk genotypes	Premenopausal women				Postmenopausal women			
	Cases n (%)	Controls n (%)	OR (95% CI)	p-value	Cases n (%)	Controls n (%)	OR (95% CI)	p-value
Zero	2 (2.43)	11 (13.2)	1.0 <sup>a</sup>		5 (7.3)	5 (7.1)	1.0 <sup>a</sup>	
One	18 (21.9)	26 (31.3)	3.8 (0.75–19.2)	0.11	15 (22.0)	26 (37.14)	0.57 (0.14–2.3)	0.48
Two	27 (32.9)	28 (33.7)	5.3 (1.07–6.19)	0.03*	24 (27.9)	23 (32.85)	1.04 (0.26–4.08)	1
Three-six	35 (42.6)	16 (19.75)	12.3 (2.38–60.7)	0.001*	24 (35.29)	15 (21.7)	1.60 (0.39–6.47)	0.71

\* Significant values p-value calculated by use of Fisher's exact test.

<sup>a</sup> Reference value; OR, odds ratio not adjusted; CI, confidence interval.

**Table 9**  
Estimated multivariate-OR of genetic interaction of the homozygous mutants of genes with risk for breast cancer.

No. of risk genes	Models	Testing balanced accuracy	CVC	OR-MDR	95% CI	p-value of X <sup>2</sup> test
2	CYP1B1–GSTP1	0.667	7/10	2.88	(1.78–4.65)	<0.0001*
3	COMT–CYP1A1–GSTP1	0.634	8/10	3.91	(2.42–6.31)	<0.0001*
4	COMT–CYP1A1–GSTP1–GSTT1	0.662	8/10	6.43	(3.87–10.6)	<0.0001*
5	COMT–CYP1A1–GSTP1–GSTT1–CYP1B1	0.572	9/10	13.0	(7.24–23.3)	<0.0001*
6	COMT–CYP1A1–GSTP1–GSTT1–CYP1B1–GSTM1	0.591	10/10	37.6	(17.11–82.9)	<0.0001*

Abbreviations: CVC, cross-validation consistency; OR-MDR, odds ratio-multifactor-dimensionality reduction; 95% CI, confidence interval 95%.

Risk estimate was based on the combination and dichotomization of the distribution of genetic factors according to the MDR software.

\* Significant values.

On the other hand, there is evidence that wild-type homozygous individuals have less risk than the heterozygous ones and the latter, have less risk than mutant homozygous individuals. The polymorphism CYP1B1 (rs1056836) has recently been found to have the most profound impact on its catalytic properties, with 4-hydroxylase activity of the Val432 allele displaying three-fold higher activity compared to Leu432 allele.<sup>72</sup> In CYP1A1, the polymorphism rs1048943 has been suggested to lead to higher enzyme activity and mRNA expression and therefore higher rates of carcinogen activation<sup>73</sup>; the COMT rs4680 polymorphism has been associated with three- to four-fold decreased activity of COMT activity compared with the wild-type and the polymorphism GSTP1 (rs1695) also results in a decreased enzymatic activity.<sup>74</sup> These works show that heterozygous variants of these four polymorphisms have an intermediate risk falling between the wild-type homozygous and mutant homozygous genotypes. Based on these evidences we applied a codominant model where the associations among BC risk, CYP1A1<sup>Val/Val</sup> and GSTP1<sup>Val/Val</sup> may be explained by the increased enzymatic activity of CYP1A1<sup>Val/Val</sup> and the decreased enzymatic activity of GSTP1<sup>Val/Val</sup>. In both cases, the polymorphic genotypes may still increase the overall levels of mutagenic metabolites.

In the trend test, associations of polymorphisms CYP1A1 rs1048943 and GSTP1 rs1695 with BC risk were found in premenopausal women, but not in postmenopausal women. Associations found only in premenopausal women highlight the potential role of these polymorphisms in the development of BC in younger women who have been less exposed to endogenous estrogens and extrinsic related risk factors emphasizing the role of genes in the development of BC in this group.

However, it is interesting that when we introduced the variable age at menopause variable to our model of postmenopausal women we found a significant association with CYP1B1<sup>Leu/Val</sup>, CYP1B1<sup>Val/Val</sup>, COMT<sup>Met/Met</sup>, GSTP1<sup>Ile/Val</sup>, GSTP1<sup>Val/Val</sup> and the BC risk. This points to the importance of these polymorphisms in older women, that might be exposed to estrogen by more number of ovulatory cycles.

In a previous study in Mexican women, an increased BC risk associated with CYP1A1<sup>Val/Val</sup> variant was only found in premenopausal women, and no association with COMT<sup>Met/Met</sup> was found neither in premenopausal women nor in postmenopausal women.<sup>27</sup>

Our results on the association of CYP1A1<sup>Val/Val</sup> and the BC risk are in agreement with previous reports.<sup>23–26</sup> The association of

**Table 10**  
Reports showing association of breast cancer with polymorphisms of catechol estrogens metabolism pathway genes.

First author	Year	Gene	Genotype	Population	Results OR (95% CI)	Number of participants		References
						Cases	Controls	
Miyushi	2002	CYP1A1	Val/Val	Japanese	0.66 (0.45–0.96)	195	272	[23]
Shin	2007			Korean	0.98 (0.56–1.71)	513	447	[26]
Torresan	2008			Brazilian	1.46 (0.76–2.79)	102	102	[25]
Moreno-Galván	2010			Mexican	0.86 (0.38–1.95)	91	94	[27]
This study	2012			Mexican	1.94 (1.13–3.34)	150	150	
Kocabas	2002	CYP1B1	Val/Val	Turkish	1.27 (0.47–3.43)	84	103	[75]
Jiao	2010			Asian	0.85 (0.67–1.08)	152	156	[76]
Okobia	2009			Nigerian	1.09 (0.61–1.95)	250	250	[77]
This study	2012			Mexican	1.17 (0.68–2.01)	150	150	
Wu	2003	COMT	Met/Met	Asian	0.84 (0.54–1.30)	589	563	[78]
Sazci	2004			Turkish	1.0 (0.93–1.29)	130	233	[79]
Wen	2005			Chinese	0.92 (0.67–1.26)	1135	1235	[29]
Moreno-Galván	2010			Mexican	0.89 (0.39–2.25)	91	94	[27]
This study	2012			Mexican	1.74 (0.91–3.0)	150	150	
Mitrunen	2001	GSTP1	Val/Val	Finnish	0.57 (0.31–1.04)	483	482	[65]
Torresan	2008			Brazilian	1.81 (1.04–3.16)	102	102	[25]
Kaushal	2010			Indian	1.43 (0.96–2.11)	117	174	[56]
This study	2012			Mexican	2.39 (1.30–4.40)	150	150	
Charrier	1999	GSTM1	Null	French	1.99 (1.19–3.32)	361	437	[49]
Helzlsouer	1998			Caucasian	2.10 (1.22–3.64)	110	113	[50]
Mitrunen	2001			Finnish	1.49 (1.03–2.15)	483	482	[65]
Kaushal	2010			Indian	0.57 (0.32–1.00)	117	174	[56]
This study	2012			Mexican	1.09 (0.69–1.84)	150	150	
Mitrunen	2001	GSTT1	Null	Finnish	1.18 (0.80–1.76)	483	482	[65]
Torresan	2008			Brazilian	0.91 (0.51–1.65)	102	102	[25]
Kaushal	2010			Indian	0.59 (0.36–0.99)	117	174	[56]
This study	2012			Mexican	1.13 (0.69–1.84)	150	150	

OR, odds ratio; 95% CI, 95% confidence interval. All studies were case–control.

GSTP1<sup>Val/Val</sup> with an increased BC risk has been described.<sup>69</sup> Interestingly, in the Brazilian women, although the mentioned genotypes were also found to increase the risk of developing BC, no such association was observed for CYP1B1<sup>Val/Val</sup> and GSTM1 null. Some reports have demonstrated the association of those polymorphisms of the CEMP with BC risk (Table 10).

The additive effect of risk polymorphisms shows a more significant contribution in premenopausal women than in postmenopausal women (Table 7) underlining the importance of the additive risk of polymorphisms in young women, less exposed to susceptibility factors.

The results of multivariate MDR model (Table 8) show that the BC risk increases proportionally to the number of risk alleles in the individuals.

Although our results need to be confirmed in larger studies, this study provides, for the first time, evidence of the participation of some CEMP polymorphisms in BC risk in Mexican women.

## Conclusions

We found that CYP1A1 rs1048943 and GSTP1 rs1695 polymorphisms are associated with a significantly increased BC risk.

We determined a significant association between menopausal status and the BC risk due to the participations of the polymorphisms involved in the CEMP in Mexican women.

A greater number of risk polymorphisms present in a woman may generate a higher risk to develop for BC.

Further studies are needed to confirm our results and to explore the relationship between risk allelic variants and BC, in Mexican women.

## Ethical approval

This work was performed under the approval of the Ethics Committees of Instituto de Investigaciones Biomédicas, UNAM and of Instituto Nacional de Cancerología, Mexico.

## Conflict of interest statement

The authors have declared that they do not have conflict of interest.

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